The Cardamom Pod

Cookery Teaching, Consultancy and Event Catering thecardamompod@yahoo.com

Hot Buffet Cardamom Pod Menu 2018

Soups

Carrot, lentil and ginger (ve)

Leek and potato

Mains

Roasted vegetable ratatouille (ve)

Lentil and ginger vegetarian chilli (ve)

Curried chickpea and tomato stew (ve)

Rich beef stew

Paprika chicken

Homemade bread

White and spelt rolls

Challah (rich, slightly sweet bread with egg)

Focaccia with olives and herbs

Sides

Roast tomato chutney

Courgette pickle

Caramelised red onion

Toasted seeds with soy sauce

Salsa verde

For salads and desserts check out our cold buffet menu

Costs, delivery and other information

Basic menu

For £8.50 per person you can choose

- · 2 main dishes
- · 1 type of bread
- 1 side dish, or a salad from our cold buffet menu

Extras

A cake (see our cold buffet menu for ideas - but we make all sorts of cakes) is an extra £1 per person.

Service

We deliver and display the food and keep an eye on it while you're serving it up (or people are helping themselves). We bring electric and gas hobs to keep the food piping hot for you.

We can provide disposable (compostable where possible) plates, bowls and cutlery for an additional fee.

Delivery

Delivery is included within approximately 10 miles of Brighton if you order for 15 people or more. Otherwise we can deliver within this area for £10.

To discuss your event and talk food you can contact us at

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